# Lead Exposure Health Data

Technical Assistance to Brownfields Program EPA Region 1

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## Lead Exposure Health Data

### Welcome & Introduction

- Sara Wakai, PhD, Assistant Professor
  - UConn Health, Center for Population Health

### Acknowledgement - Technical Assistance to Brownfields Program

- ► Randi Mendes, PhD, Program Director
  - Civil and Environmental Engineering, UConn
  - Program Director UConn Technical Assistance to Brownfields Program (TAB).
     Region 1 (New England States)
- ▶ Marisa Chrysochoou, PhD, Dean of Engineering
  - School of Engineering, University of Missouri
  - Program Director UConn Technical Assistance to Brownfields Program (TAB).
     Region 1 (New England States)



## Learning Objectives

- Review sources of environmental lead exposure
- Examine health effects commonly associated with lead exposure
- Explore data sources that monitor lead exposure health risks



### **Environmental Contaminants Found At Brownfield Sites**



Sources of Lead at Brownfields Sites		
Source of Lead	Example of Previous Site Uses	
Paint (before 1978)	Old structures and buildings, landfill operations, aircraft component manufacturing	
High Traffic Areas (before 1996)	Land next to heavily trafficked roadways or highways built before leaded fuel was phased out	
Pesticides (pre-1950)	Agricultural land; facilities engaged in produce packaging and shipping	
Sewage Sludge	Sewage treatment plants; agricultural land	

Source: EPA 901-F-20-004 December 2020

**UCONN** 



### Sources of Lead in the Environment

- Lead-based paint chips, dust
- Historic gasoline exhaust
- Soil
- Foods
- Drinking water
- Toys
- Cosmetics
- Workplace and "take-home" lead exposure

National Institute of Environmental Health Sciences: Lead (nih.gov)

Sources of Lead Exposure | New Hampshire Department of Health and Human Services (nh.gov)



## Individual Exposure Pathways

1 Breathing

2 Eating or drinking

3 Direct contact with the skin







https://www.epa.gov/brownfields/understanding-brownfields



## Frequently Used Lead Abbreviations

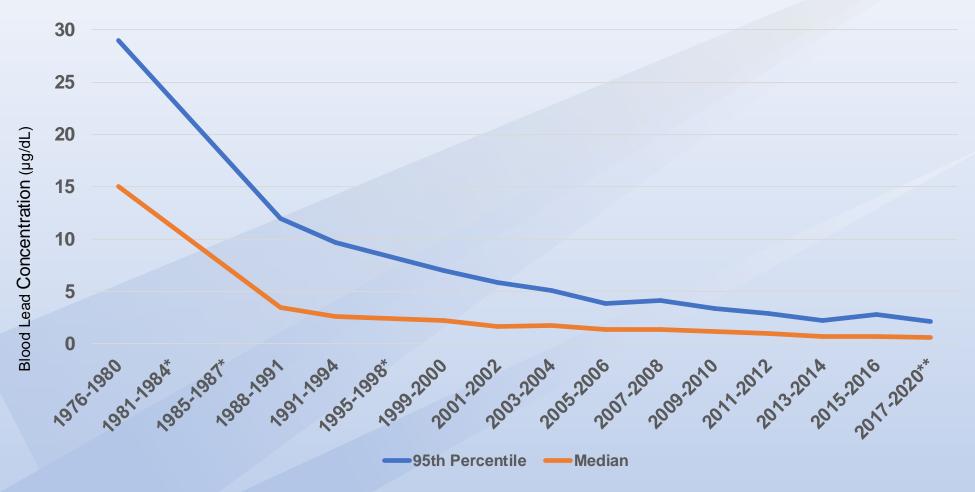
- Pb Lead chemical element symbol
- BLL Blood Lead Level
- BLRV Blood Lead Reference Level

3.5 (µg/dL) micrograms of lead per deciliter of blood

CDC Updates Blood Lead Reference Value | Childhood Lead Poisoning Prevention | CDC



### Lead in Children Ages 1 to 5 years: Median and 95th percentile concentrations in blood, 1976-2020



DATA: Centers for Disease Control and Prevention, National Center for Health Statistics and National Center for Environmental Health, National Health and Nutrition Examination Survey.

Data not available between 1981-1987 and 1995-1998

The data for 2020 only go through March 2020 because the NHANES program suspended field operations due to the COVID-19 pandemic. As a result, data collection for the 2019–2020 cycle was not completed..

Source: https://www.epa.gov/americaschildrenenvironment/americas-children-and-environment-data-tables

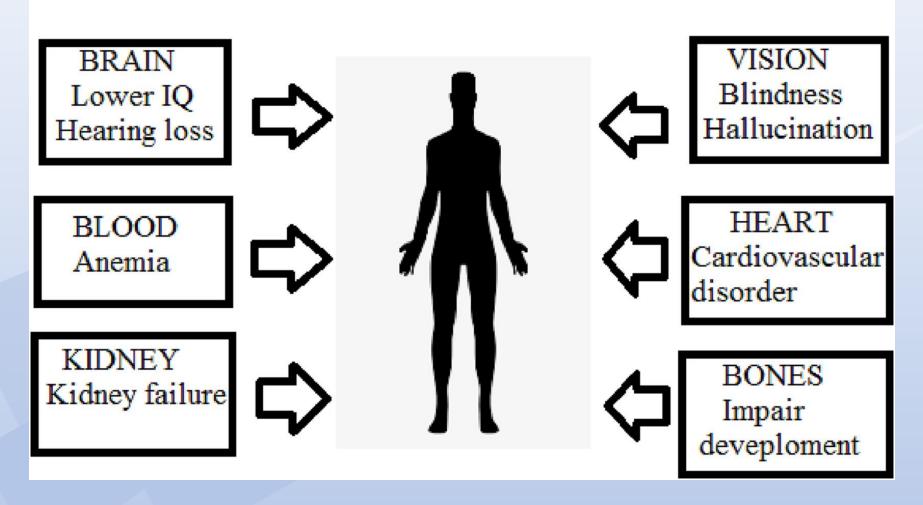


## Health Effects of Lead Exposure

- There is no known safe blood lead level (BLL)
- Even small amount of lead exposure can be harmful
- Multiple exposures are associated with greater BLL
- Lead is toxic to everyone



## Consequences of Lead Poisoning on Humans



Source: https://www.sciencedirect.com/science/article/pii/S2590182623000048

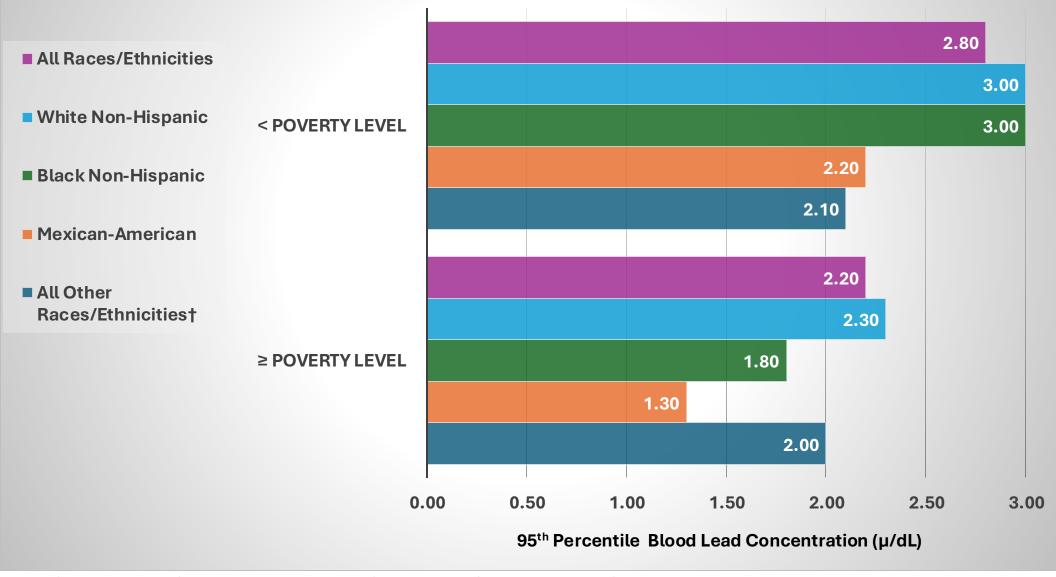


## Lead Exposure Risk Is Not Equally Distributed

- Young children
- Living in housing built before 1978
- Non-Hispanic Black or African American children
- Children eligible for Medicaid
- Children living in areas with higher poverty rates



## Lead in children ages 1 to 5 years: 95th percentile concentrations in blood, by race/ethnicity and family income, 2015-2020\*\*



DATA: Centers for Disease Control and Prevention, National Center for Health Statistics and National Center for Environmental Health, National Health and Nutrition Examination Survey

Source: https://www.epa.gov/americaschildrenenvironment/americas-children-and-environment-data-tables

<sup>†</sup> The "All Other Races/Ethnicities" category includes all other races or ethnicities not specified, together with those individuals who report more than one race.

\*\*The data for 2020 only go through March 2020 because the NHANES program suspended field operations due to the COVID-19 pandemic. As a result, data collection for the 2019–2020 cycle was not completed.

## State Lead Exposure Data Sources

State	Website	Data Type
СТ	<u>Childhood Lead Poisoning Surveillance -</u> <u>Prevalence   Connecticut Data</u>	Screening, incidence, prevalence, number, percent by state, town
ME	Childhood Lead Poisoning   MaineTracking Network (mainepublichealth.gov)	Screening, BLL, risk factors, number, percent by state, town, year
MA	Childhood Lead Poisoning Prevention Program	Surveillance reports: screening, prevalence, maps, by year, town
NH	Healthy Homes and Lead Poisoning Prevention  Program  NH DHHS Data Portal	Screening, prevalence, maps, by year, state, town
RI	<u>Lead Poisoning Information</u>	Incidence, prevalence, by year, town
VT	Childhood Lead Poisoning   Vermont  Department of Health (healthvermont.gov)	BLL, Unavailable online email: AHS.VDHVTEPHT@vermont.gov









### Connecticut Childhood Lead Poisoning Surveillance Report

Home

Screening

Prevalence

Incidence

Health Disparities Exposure Top 5 Cities Sources

About the Data



#### Overview

Blood lead levels as low as 5 µg/dL have been shown to affect IQ, concentration, and academic achievement. Children who are diagnosed with a blood lead level of ≥5 µg/dL are considered to be lead poisoned. In 2013, the CT DPH lowered the case management action level from 10 µg/dL to 5 μg/dL to correspond with the Centers for Disease Control and Prevention (CDC) reference value. In May 2012, the CDC recommended a new "reference value" of 5 μg/dL, for lead poisoning among young children. The State of Connecticut adopted the new reference value in May 2013. As such, Connecticut local health departments (LHDs) are required to initiate public health case management actions for children with a confirmed blood level of ≥5 µg/dL. In October 2021, the CDC further reduced the recommended "reference value" to 3.5 µg/dL. This report defines 5 µg/dL and greater as an elevated blood lead level for CY 2020.

The current reference value is based on children aged 1 to 5 years old who were in the highest 2.5% of children tested for lead in their blood by CDC's National Health and Nutrition Examination Survey (NHANES).

Connecticut's Story

CT data: Screening, incidence, prevalence, number, percent by state, town

Childhood Lead Poisoning Surveillance - Prevalence | Connecticut Data



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Home → Childhood Lead Poisoning

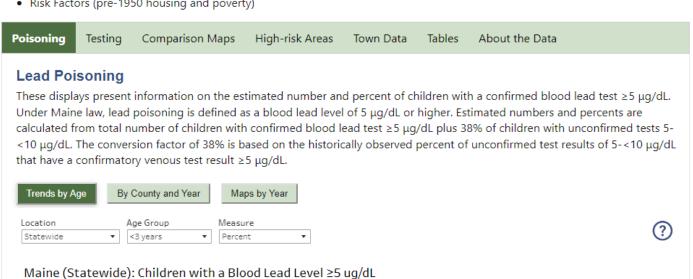
### Childhood Lead Poisoning

Lead has been banned in most consumer goods for decades, but old lead paint is still found in many of Maine's older homes, making it a persistent health threat. Tracking lead poisoning data and risk factors such as age of housing and poverty levels allow us to identify areas in need of public health interventions and evaluate prevention efforts.

#### What data are available?

Maine tracks the following measures associated with childhood lead poisoning:

- Lead Poisoning
- Blood Lead Testing (screening)
- Risk Factors (pre-1950 housing and poverty)





ME data: Screening, BLL, risk factors, number, percent by state, town, year Childhood Lead Poisoning | MaineTracking Network (mainepublichealth.gov)





We help prevent, screen, diagnose, and treat childhood lead poisoning. We work to eliminate sources of poisoning through research and educational, epidemiological, and clinical and environmental activities.

MA Data: Surveillance reports: screening, prevalence, maps, by year, town Childhood Lead Poisoning Prevention Program















NH Data: Screening, prevalence, maps, by year, state, town NH DHHS Data Portal



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### **Lead Poisoning**

### Blood Lead Reference Value Now Lowered to 3.5 mcg/dL

Lead is a heavy gray metal that has many uses and can be harmful if it gets into the body. Before 1978, lead was used to make paint. Many old houses are painted with lead-based paint.

You can get lead into your body in various ways, including by ingesting or breathing dust from lead paint, ingesting lead chips, drinking tap water that has lead in it, eating fruits or vegetables that have lead on them from the soil, and eating food that has been prepared or stored in dishes made with lead.

Lead poisoning is completely preventable. The Center for Healthy Homes and Environment coordinates statewide efforts to eliminate lead poisoning and reduce lead exposure.

#### Sources of exposure

Lead can be found in many places around a home, such as in peeling and chipping lead paint, dust from lead paint, soil and dirt in the yard, tap water from lead pipes, and pottery, crystal, or ceramic dishes. MORE The most prevalent exposure in Rhode Island comes from lead-based paint and paint dust found in residences built before 1978.

RI Data: Incidence, prevalence, by year, town

**Lead Poisoning Information** 



Home / Health & The Environment / Environmental Public Health Data Tracking / Childhood Lead Poisoning



#### In the **Environmental Public Health Data Tracking** section:

Data Tracking in Action | Air Quality | Asthma | Birth Defects | Cancer | Carbon Monoxide Chronic Obstructive Pulmonary Disease (COPD) | Climate and Health | Cyanobacteria (Blue-Green Algae) Tracker | Drinking Water Childhood Lead Poisoning | Radon | Reproductive Health | Tick Tracker | Tools for Community Planners | Heart Attacks Glossary

VT Data: BLL, Unavailable online email: AHS.VDHVTEPHT@vermont.gov Childhood Lead Poisoning | Vermont Department of Health (healthvermont.gov)



### **EJScreen Indexes**



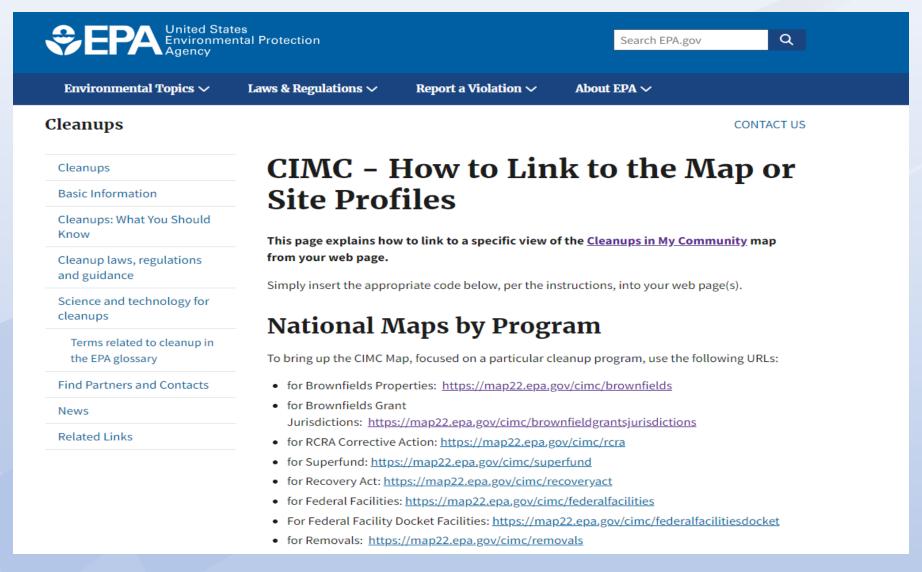
CONTACT US

# EJScreen: Environmental Justice Screening and Mapping Tool

- Environmental Justice Index
  - Lead paint: percent of housing units built pre-1960
- Supplemental Index
  - Lead paint: percent of housing units built pre-1960 and demographic variables
- EJScreen: Environmental Justice Screening and Mapping Tool | US EPA



## Map of Brownfields



CIMC - How to Link to the Map or Site Profiles | US EPA



## Lead Laws and Regulations | US EPA

Lead is a pollutant regulated by <u>many</u> laws administered by EPA, including:

- Toxic Substances Control Act (TSCA)
- Residential Lead-Based Paint Hazard Reduction Act of 1992
- Clean Air Act (CAA)
- Clean Water Act (CWA)
- Safe Drinking Water Act (SDWA)
- Resource Conservation and Recovery Act (RCRA)
- Comprehensive Environmental Response, Compensation, and Liability Act (CERCLA)

