Public Health Asthma Data Sources

Technical Assistance for Brownfields Program EPA Region 1

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Public Health Asthma Data Sources

Welcome & Introduction

- Sara Wakai, PhD, Assistant Professor
 - UConn Health, Center for Population Health

Acknowledgement - Technical Assistance of Brownfields Program

- ► Randi Mendes, PhD, Program Director
 - Civil and Environmental Engineering, UConn
 - Program Director UConn Technical Assistance for Brownfields Program (TAB).
 Region 1 (New England States)
- ▶ Marisa Chrysochoou, PhD, Dean of Engineering
 - School of Engineering, University of Missouri
 - Program Director UConn Technical Assistance for Brownfields Program (TAB).
 Region 1 (New England States)



Learning Objectives

- Characterize asthma risk factors and symptoms
- Review research on environmental exposures and asthma rates
- Explore data sources that monitor asthma rates in TAB Region 1



Asthma



Risk factors



VIRUSES



TOBACCO SMOKE



STRESS



AIR **POLLUTION**



COLD AIR



PHYSICAL EXERCISE











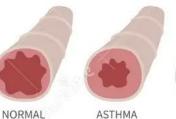




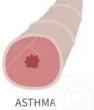
ALLERGENS



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ASTHMA



ATTACK

Symptoms



DIFFICULTY **BREATHING**



COUGH



NIGHT COUGH



CHEST PAIN



WHEEZING



SHORTNESS OF BREATH



National & State Asthma Surveillance Data

| Location | Weighted Number with Current Asthma | Percent with Current Asthma (SE) |
|----------|--|----------------------------------|
| US | 24,963,874 | 7.7 (.18) |
| CT | 300,910 | 10.5 (.48) |
| ME | 138,396 | 12.5 (.47) |
| MA | 661,306 | 11.7 (.52) |
| NH | 136,025 | 12.1 (.60) |
| RI | 111,498 | 12.6 (.62) |
| VT | 61, 465 | 11.8 (.61) |

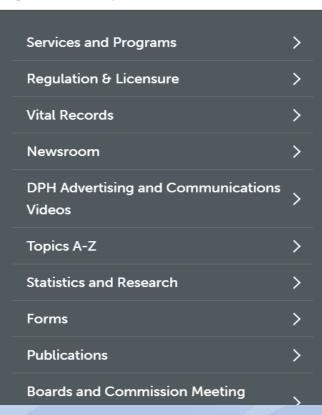
https://www.cdc.gov/asthma/most_recent_data_states.htm



State Asthma Data Sources

| State | Website | Data Typo |
|-------|--|---|
| State | website | Data Type |
| СТ | Asthma Surveillance (ct.gov) | Statistics, Reports, Data Briefs & Fact Sheets, Maps, Data Links. The maps provide info at the census track level |
| ME | <u>Asthma MaineTracking Network</u> (mainepublichealth.gov) | ED Visits, Hospitalizations, Prevalence, Town Data |
| MA | MEPHT Asthma Overview (state.ma.us) | Pediatric and Adult, Prevalence, ED Visits, Hospitalization. Maps, Tables, Chart CSV Export at Town level. |
| NH | NH DHHS Data Portal | Pediatric & Adult, ED Visits, Hospitalization. County level data |
| RI | Asthma Data: Department of Health (ri.gov) | Pediatric & Adult, Prevalence, ED Visits, Hospitalization. State level data. |
| VT | Asthma & Lung Disease Vermont Department of Health (healthvermont.gov) | ED Visits, Hospitalizations Reports and Data Briefs. County level data |

CT.gov Home / Department of Public Health / Asthma Surveillance



Asthma Surveillance & Epidemiology

Surveillance activities are one of five Infrastructure strategies under CDC's Cooperative Agreement (CA) on comprehensive asthma control (2014-2019). Under the Cooperative Agreement, the goal of Surveillance Infrastructure strategy is to maintain and enhance a statewide surveillance system, collect and analyze asthma-related data, and identify populations disproportionately affected by asthma.

Moreover, the purpose of the Connecticut Asthma Program (CAP), Asthma Surveillance & Epidemiology team, is to provide the most recent and reliable data on Connecticut's high-risk populations for asthma, identify asthma-related health disparities, and trends that stakeholders can use to help them guide program initiatives, rationalize intervention and develop custom local intervention/programs to target the most at-risk, to monitor progress toward Healthy People 2020 objectives and overall, to decrease the burden of asthma in Connecticut.

Statistics include prevalence rates tables for adult and children with current or lifetime asthma from the Behavioral Risk Factor Surveillance System (BRFSS); hospitalization and emergency department acute rates for adult and children from the Connecticut Hospital Information Management Exchange (CHIME) and Mortality rates based on the Connecticut Vital Records Registry data.

 https://portal.ct.gov/dph/health-educationmanagement--surveillance/asthma/asthmasurveillance



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Asthma

Maine has some of the highest rates of asthma in the country. About 1 in 9 Mainers currently has asthma, compared to 1 in 12 nationally. Tracking asthma helps identify groups of people at high risk for asthma or with the highest burden of asthma and provide communities and health care providers with the data they need to develop and evaluate efforts to help prevent and control asthma.

What data are available?

Maine tracks the following measures associated with asthma:

- Emergency Department (ED) Visits
- Hospitalizations
- Prevalence of asthma diagnosis

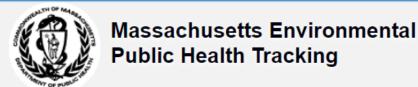


Emergency Department Visits Hospitalizations Prevalence Town Data **Tables** About the Data Asthma Emergency Department (ED) Visits This display shows the number and rate of asthma emergency department visits per 10,000 population. These data can tell us which counties have a higher number or rate of ED visits and if a rate is going up or down over time. To add a county to the trend chart, click a county on the map. To unselect a county, click the same county again. Region Measure Age Group Age-Adjusted Rate 2016-2020 ▼ | Both All Ages County

https://data.mainepublichealth.gov/tracking/asthma







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Asthma Overview

EXPLORE PEDIATRIC ASTHMA MAPS & TABLES

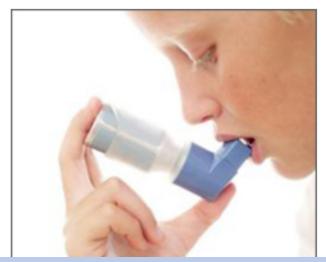
EXPLORE ASTHMA HOSPITALIZATION MAPS & TABLES

Asthma Hospitalization • Pediatric Asthma • FAQs • Related Links

Asthma is an illness that affects the respiratory tract and airways that carry oxygen into and out of the lungs. During an asthma attack, these airways constrict, resulting in wheezing and difficulty breathing. Asthma can affect people of all ages. However, it often starts in childhood and is more common in children than adults.

Asthma is a common chronic disease that continues to increase in prevalence. It is the most common chronic disease in children. The state of Massachusetts has an elevated rate of asthma compared to the national prevalence rate.

Causes of asthma are unknown. However, episodes of asthma (asthma attacks) can be triggered by certain environmental pollutants such as air pollution, mold, pets/pet dander, and dust mites. A number of studies have reported links between exposure to air pollution and asthma. Reducing exposure to these pollutants can help prevent symptoms. Other factors are also linked with asthma. Therefore, when



https://matracking.ehs.state.ma.us/Health-Data/Asthma/index.html



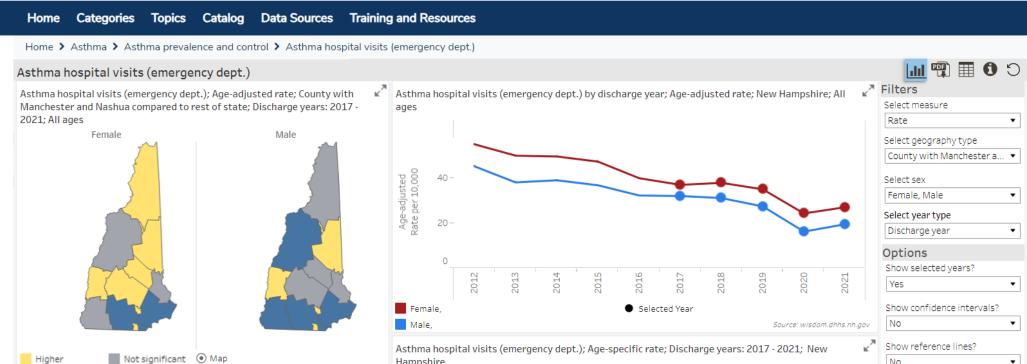












NH DHHS Data Portal

Suppressed

Lower

Chart

Source: wisdom dhhs nh aov

 https://wisdom.dhhs.nh.gov/wisdom/dashboard.html?to pic=asthma&subtopic=asthma-prevalence-andcontrol&indicator=asthma-hospital-visits-(emergencydept.)









https://health.ri.gov/data/asthma/



Surveillance System

Home / Health Promotion & Chronic Disease Prevention / Asthma & Lung Disease

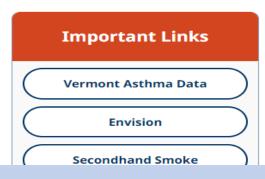
Asthma & Lung Disease

In this section:

Asthma Basics | Asthma Self-Management Education | Asthma-friendly Schools | School Nurse Asthma Resources | Secondhand Smoke and Asthma Triggers | Using the Vermont Asthma Action Plan | State Partners and Health Professionals



Asthma is a chronic (long-term) disease in which the lungs become inflamed and airways narrow and react to "triggers." When the lungs become irritated, the airways swell and mucus builds up, causing shortness of breath, coughing, wheezing, chest pain or tightness, tiredness or a combination of these symptoms. People with



 Asthma & Lung Disease | Vermont Department of Health (healthvermont.gov)



EJScreen Indexes

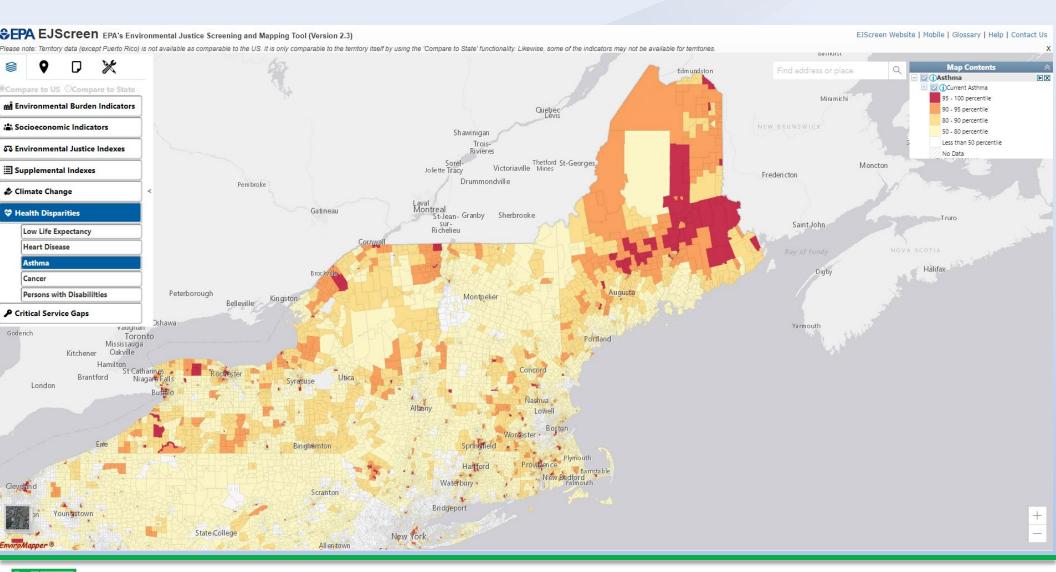


CONTACT US

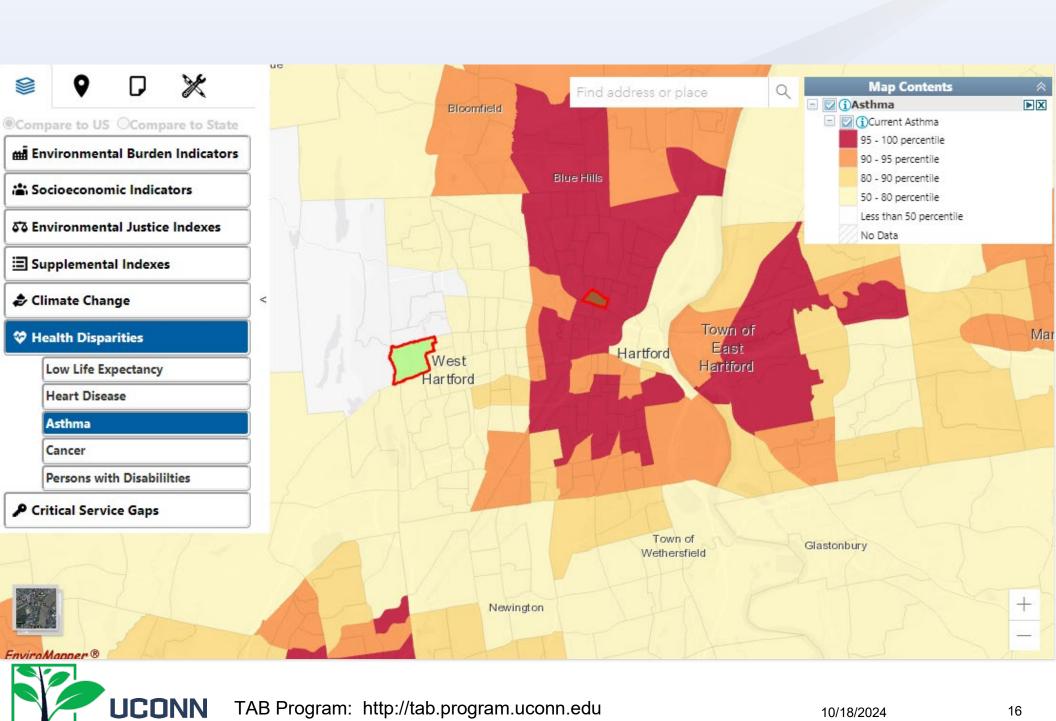
EJScreen: Environmental Justice Screening and Mapping Tool

 EJScreen: Environmental Justice Screening and Mapping Tool | US EPA









10/18/2024

Hartford, CT

EJScreen Environmental and Socioeconomic Indicators Data

| HEALTH INDICATORS | | | | | | | |
|---------------------------|-------|---------------|------------------|------------|---------------|--|--|
| INDICATOR | VALUE | STATE AVERAGE | STATE PERCENTILE | US AVERAGE | US PERCENTILE | | |
| Low Life Expectancy | 22% | 18% | 91 | 20% | 78 | | |
| Heart Disease | 5.6 | 5.3 | 64 | 5.8 | 49 | | |
| Asthma | 16 | 11.1 | 99 | 10.3 | 99 | | |
| Cancer | 4.2 | 7 | 7 | 6.4 | 11 | | |
| Persons with Disabilities | 11.7% | 11.8% | 56 | 13.7% | 42 | | |

West Hartford, CT

EJScreen Environmental and Socioeconomic Indicators Data

| HEALTH INDICATORS | | | | | | | |
|---------------------------|-------|---------------|------------------|------------|---------------|--|--|
| INDICATOR | VALUE | STATE AVERAGE | STATE PERCENTILE | US AVERAGE | US PERCENTILE | | |
| Low Life Expectancy | 13% | 18% | 8 | 20% | 5 | | |
| Heart Disease | 4.5 | 5.3 | 18 | 5.8 | 25 | | |
| Asthma | 10.4 | 11.1 | 30 | 10.3 | 56 | | |
| Cancer | 7.8 | 7 | 69 | 6.4 | 79 | | |
| Persons with Disabilities | 4.9% | 11.8% | 3 | 13.7% | 3 | | |

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